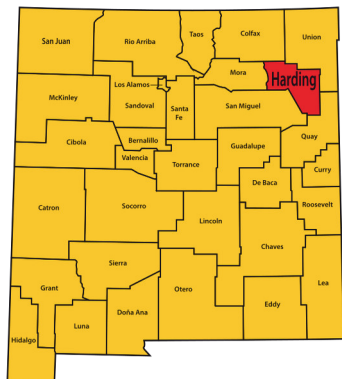


HARDING

YOUR SUPPORT IS VITAL TO ENDING HUNGER IN
HARDING COUNTY



POPULATION: 657



**14% OF PEOPLE IN HARDING COUNTY
EXPERIENCE FOOD INSECURITY**

1 in 6 people, or 100 individuals



**22% OF CHILDREN EXPERIENCE
FOOD INSECURITY**

30 children are hungry



14% OF PEOPLE LIVE IN POVERTY

Over 25% of children live in poverty



**3% OF RESIDENTS RELY ON SNAP FOR
GROCERIES**

The Supplemental Nutrition Assistance Program
lifts more than 30 people out of poverty.



0 FAMILIES ARE ENROLLED IN WIC

34 children under 5 live in Harding County



4% OF PEOPLE ARE UNEMPLOYED

11 people are looking for work

WHAT IS FOOD INSECURITY?

An official term from the US Department of Agriculture, a person is food insecure when they don't have access to enough food to live an active, healthy life.

Food insecurity is a systemic issue that can happen to anyone, not a personal failure.

HUNGER EXISTS IN EVERY COUNTY IN NEW MEXICO.

15% of people in NM are food insecure, with 18% of people living in poverty.

25% of all NM children live in poverty.

THE HIGH COST OF LIVING IN HARDING COUNTY IS FORCING MORE FAMILIES TO RELY ON FOOD BANKS.

Monthly Basic Expenses for a Family of Three in Harding County

Two adults (both working) and 1 child



Food
\$750



Child Care
\$815



Medical
\$706



Housing*
\$882



Transportation
\$1,322



Civic Engagement
\$560



Internet/Mobile
\$161



Other
\$750

Monthly Total Needed: **\$5,946**



Required Basic Needs

Annual Income (pre tax): \$80,695

Median income

in Harding County: \$39,489

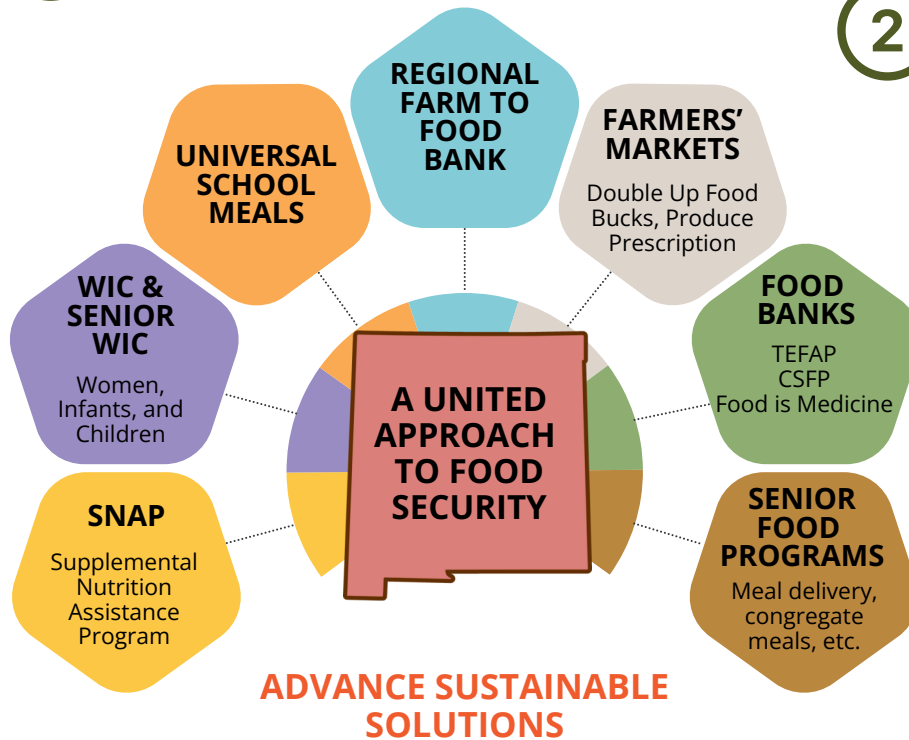
*Housing expenses come from the U.S. Department of Housing and Urban Development's 2024 Fair Market Rents, and are not a reflection of the average cost of housing in a county.



WE ARE YOUR HUNGER EXPERTS! Call The Food Depot with questions all year round.
(505) 471-1633 • 1222 A Siler Road, Santa Fe 87505 • thefooddepot.org

HOW DO WE ADDRESS POVERTY & FOOD INSECURITY?

1 SUPPORT THE NETWORK OF EFFECTIVE FEDERAL, STATE, AND LOCAL INITIATIVES



2 INVEST IN A FOOD IS MEDICINE PROGRAM USING THE 1115 MEDICAID WAIVER

The **1115 Medicaid waiver** makes food access reimbursable through Medicaid, with food banks and their partner networks playing a key role in its success.

Potential food interventions:

- Pre-packed boxes of healthy, shelf- stable foods
- Pre-packed boxes of produce
- Prepared medically tailored meals

Target Audience for 1115 Pilot:

- Expectant mothers with pre-pregnancy diabetes as well as those who develop gestational diabetes
- Seniors that wish to remain in their homes but may be struggling to cook for themselves

STEP UP FOR THE FOOD DEPOT IN HARDING COUNTY

SUPPORT OUR HARDING COUNTY PROGRAMS

Harding County is a food desert, a geographic area without easy access to a healthy variety of groceries.

Mobile Food Pantries provide nutritious food and are designed without the need for long-term storage.



THE FOOD DEPOT'S PROGRAMS IN HARDING COUNTY

MOBILE FOOD PANTRY SITES

- Roy
- Mosquero

At every Mobile Food Pantry distribution, a truck delivers a variety of healthy foods to a central community location, such as a fire station, community center, or church.

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Sources: Feeding America's Map the Meal Gap 2024: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2022. --- U.S. Census Bureau, "County Data Sheets, 2020-2024. --- NM Dept. of Workforce Solutions, "Labor Force and Unemployment", 2024. --- Kualapai, Robin, New Mexico Department of Health, "2023 WIC Enrollment by County". --- U.S. Census Bureau, "Food Stamps/SNAP," American Community Survey 5-Year Estimates Subject Tables, Table S2201, 2022. --- Amy K. Glasmeier, "Living Wage Calculator," Massachusetts Institute of Technology, 2024. Questions? Reach out to The Food Depot.