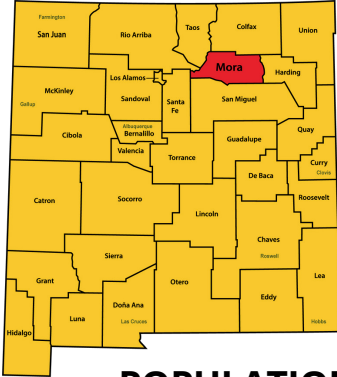
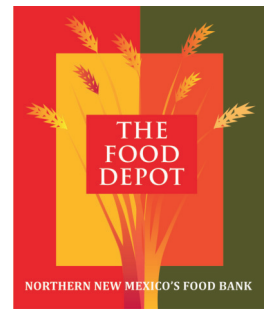


MORA

YOUR SUPPORT IS VITAL TO ENDING HUNGER IN MORA COUNTY



POPULATION: 4,189

WHAT IS FOOD INSECURITY?

An official term from the US Department of Agriculture, a person is food insecure when they don't have access to enough food to live an active, healthy life.

Food insecurity is a systemic issue that can happen to anyone, not a personal failure.



20% OF PEOPLE IN MORA COUNTY EXPERIENCE FOOD INSECURITY

1 in 5 people, or 820 individuals



29% OF CHILDREN EXPERIENCE FOOD INSECURITY

Almost 200 children are hungry



22% OF PEOPLE LIVE IN POVERTY

29% of children live in poverty



27% OF RESIDENTS RELY ON SNAP FOR GROCERIES

The Supplemental Nutrition Assistance Program lifts more than 700 people out of poverty.



0 FAMILIES ARE ENROLLED IN WIC

124 children under 5 live in Mora County



4% OF PEOPLE ARE UNEMPLOYED

90 people are looking for work

HUNGER EXISTS IN EVERY COUNTY IN NEW MEXICO.

15% of people in NM are food insecure, with 18% of people living in poverty.

25% of all NM children live in poverty.

THE HIGH COST OF LIVING IN MORA COUNTY IS FORCING MORE FAMILIES TO RELY ON FOOD BANKS.

Monthly Basic Expenses for a Family of Three in Mora County

Two adults (both working) and 1 child



Food
\$750



Child Care
\$448



Medical
\$706



Housing*
\$882



Transportation
\$1,271



Civic Engagement
\$560



Internet/Mobile
\$183



Other
\$750

Monthly Total Needed: **\$5,550**



**Required Basic Needs
Annual Income (pre tax): \$74,773**

**Median income
in Mora County: \$40,231**

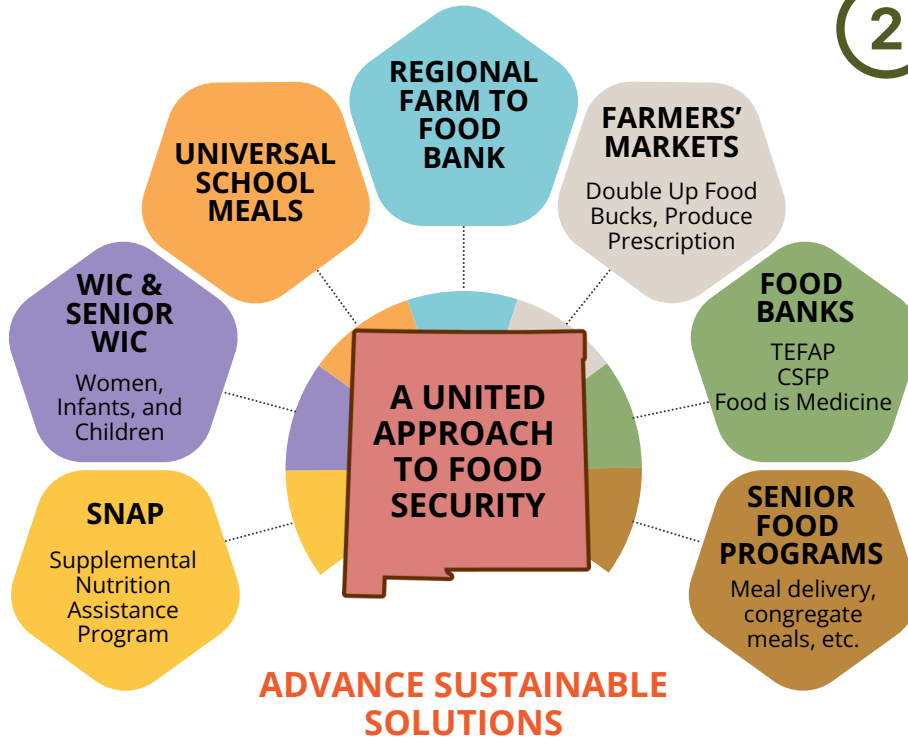
*Housing expenses come from the U.S. Department of Housing and Urban Development's 2024 Fair Market Rents, and are not a reflection of the average cost of housing in a county.



WE ARE YOUR HUNGER EXPERTS! Call The Food Depot with questions all year round.
(505) 471-1633 • 1222 A Siler Road, Santa Fe 87505 • thefooddepot.org

HOW DO WE ADDRESS POVERTY & FOOD INSECURITY?

1 SUPPORT THE NETWORK OF EFFECTIVE FEDERAL, STATE, AND LOCAL INITIATIVES



2 INVEST IN A FOOD IS MEDICINE PROGRAM USING THE 1115 MEDICAID WAIVER

The **1115 Medicaid waiver** makes food access reimbursable through Medicaid, with food banks and their partner networks playing a key role in its success.

Potential food interventions:

- Pre-packed boxes of healthy, shelf- stable foods
- Pre-packed boxes of produce
- Prepared medically tailored meals

Target Audience for 1115 Pilot:

- Expectant mothers with pre-pregnancy diabetes as well as those who develop gestational diabetes
- Seniors that wish to remain in their homes but may be struggling to cook for themselves

STEP UP FOR THE FOOD DEPOT IN MORA COUNTY

SUPPORT OUR LOCAL HUNGER-RELIEF PARTNERS

The Food Depot partners with local nonprofits to distribute food and essential resources.

Partners include church pantries, home delivery, emergency food, and more. Mora County partners:

El Rito Presbyterian
Saint Gertrude's Food Pantry



THE FOOD DEPOT'S PROGRAMS IN MORA COUNTY

MOBILE FOOD PANTRY

Monthly drive-through grocery distribution

- **WAGON MOUND**

THE FOOD DEPOT PANTRY, MORA

Large, drive-through distributions. Any individual who drives through The Food Depot Pantry can receive up to 60 pounds of fresh produce, bread, canned goods, and protein.

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Sources: Feeding America's Map the Meal Gap 2024: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2022. --- U.S. Census Bureau, "County Data Sheets, 2020-2024. --- NM Dept. of Workforce Solutions, "Labor Force and Unemployment", 2024. --- Kualapai, Robin, New Mexico Department of Health, "2023 WIC Enrollment by County". --- U.S. Census Bureau, "Food Stamps/SNAP," American Community Survey 5-Year Estimates Subject Tables, Table S2201, 2022. --- Amy K. Glasmeier, "Living Wage Calculator," Massachusetts Institute of Technology, 2024. Questions? Reach out to The Food Depot.