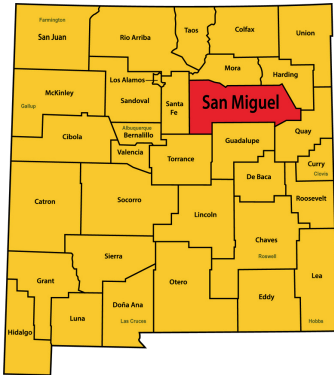
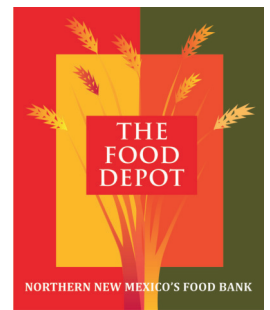


SAN MIGUEL

YOUR SUPPORT IS VITAL TO ENDING HUNGER IN
SAN MIGUEL COUNTY



POPULATION: 27,201



**18% OF PEOPLE IN SAN MIGUEL COUNTY
EXPERIENCE FOOD INSECURITY**

1 in 5 people, or 4,970 individuals



**27% OF CHILDREN EXPERIENCE
FOOD INSECURITY**

Almost 1,300 children are hungry



24% OF PEOPLE LIVE IN POVERTY

31% of children live in poverty



**31% OF RESIDENTS RELY ON SNAP
FOR GROCERIES**

The Supplemental Nutrition Assistance Program
lifts more than 8,000 people out of poverty.



645 FAMILIES ARE ENROLLED IN WIC

1,121 children under 5 live in San Miguel County



5% OF PEOPLE ARE UNEMPLOYED

569 people are looking for work

WHAT IS FOOD INSECURITY?

An official term from the US Department of Agriculture, a person is food insecure when they don't have access to enough food to live an active, healthy life.

Food insecurity is a systemic issue that can happen to anyone, not a personal failure.

HUNGER EXISTS IN EVERY COUNTY IN NEW MEXICO.

15% of people in NM are food insecure, with 18% of people living in poverty.

25% of all NM children live in poverty.

THE HIGH COST OF LIVING IN SAN MIGUEL COUNTY IS FORCING MORE FAMILIES TO RELY ON FOOD BANKS.

Monthly Basic Expenses for a Family of Three in San Miguel County

Two adults (both working) and 1 child



Food
\$750



Child Care
\$582



Medical
\$706



Housing*
\$882



Transportation
\$1,034



Civic Engagement
\$560



Internet/Mobile
\$177



Other
\$750

Monthly Total Needed: **\$5,441**



**Required Basic Needs
Annual Income (pre tax): \$73,148**

**Median income
in San Miguel County: \$43,490**

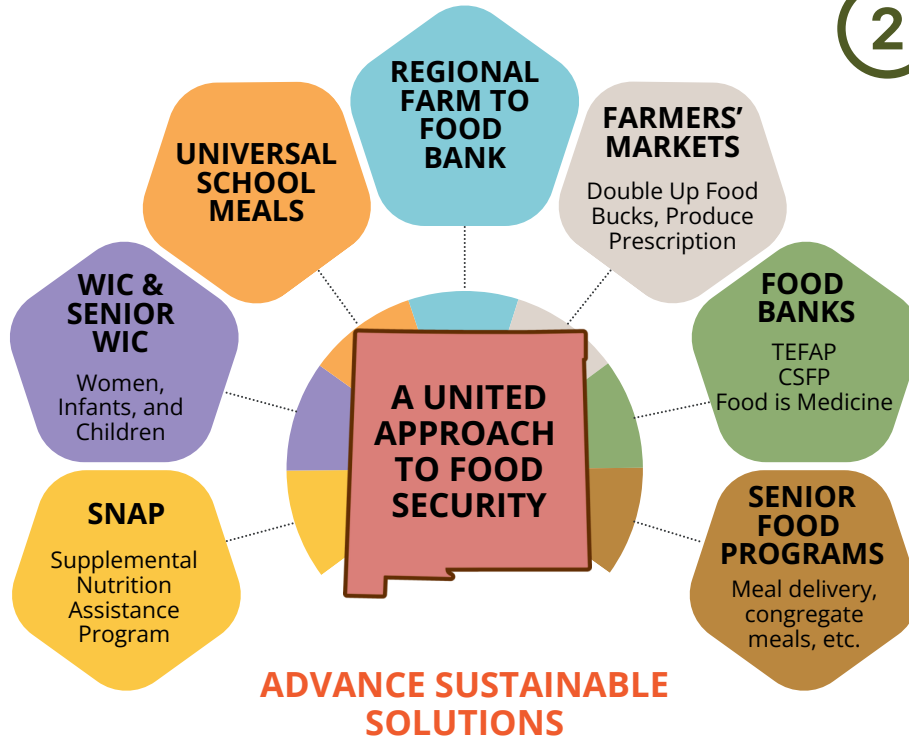
*Housing expenses come from the U.S. Department of Housing and Urban Development's 2024 Fair Market Rents, and are not a reflection of the average cost of housing in a county.



WE ARE YOUR HUNGER EXPERTS! Call The Food Depot with questions all year round.
(505) 471-1633 • 1222 A Siler Road, Santa Fe 87505 • thefooddepot.org

HOW DO WE ADDRESS POVERTY & FOOD INSECURITY?

1 SUPPORT THE NETWORK OF EFFECTIVE FEDERAL, STATE, AND LOCAL INITIATIVES



2 INVEST IN A FOOD IS MEDICINE PROGRAM USING THE 1115 MEDICAID WAIVER

The **1115 Medicaid waiver** makes food access reimbursable through Medicaid, with food banks and their partner networks playing a key role in its success.

Potential food interventions:

- Pre-packed boxes of healthy, shelf-stable foods
- Pre-packed boxes of produce
- Prepared medically tailored meals

Target Audience for 1115 Pilot:

- Expectant mothers with pre-pregnancy diabetes as well as those who develop gestational diabetes
- Seniors that wish to remain in their homes but may be struggling to cook for themselves

STEP UP FOR THE FOOD DEPOT IN SAN MIGUEL

SUPPORT OUR 10+ HUNGER-RELIEF PARTNERS

The Food Depot partners with San Miguel nonprofits to distribute food, diapers, and other essential resources.

Organizations include church pantries, shelters, the soup kitchen, college campuses, transitional housing, community centers, senior programs, schools, and more.



THE FOOD DEPOT'S PROGRAMS IN SAN MIGUEL COUNTY

DIAPER DEPOT

Providing diapers and wipes to families

MOBILE FOOD PANTRIES

Monthly drive-through rural distributions

SCHOOL-BASED PANTRIES

Fresh groceries for San Miguel school families

FOOD 4 PETS

Healthy pet food for client dogs and cats

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Sources: Feeding America's Map the Meal Gap 2024: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2022. --- U.S. Census Bureau, "County Data Sheets, 2020-2024. --- NM Dept. of Workforce Solutions, "Labor Force and Unemployment", 2024. --- Kualapai, Robin, New Mexico Department of Health, "2023 WIC Enrollment by County". --- U.S. Census Bureau, "Food Stamps/SNAP," American Community Survey 5-Year Estimates Subject Tables, Table S2201, 2022. --- Amy K. Glasmeier, "Living Wage Calculator," Massachusetts Institute of Technology, 2024. Questions? Reach out to The Food Depot.